

WALMART'S ROLE IN THE COVID-19 PANDEMIC:

How lack of paid sick time prolongs the pandemic and increases mortality

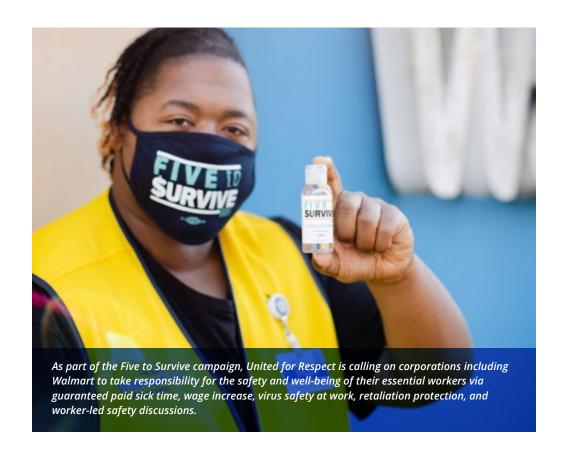
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Paid sick time policies are an investment in the health of Walmart associates

Paid sick time policies are critical to allow employees to recover from illness and tend to the health of their loved ones without worrying about wage and job loss. This hasn't been the case for Walmart associates, though — especially since the pandemic started. Walmart has rebuffed the importance of adequate paid sick time for its employees by rejecting the adoption of a fair policy that would allow employees the time they need to care for themselves or a loved one when ill. Walmart even denied shareholders' requests to study the feasibility of increased paid time this year as the pandemic raged.¹

Unfortunately, Walmart associates have few options in accessing adequate and flexible paid sick time without employer support. There is currently no federal requirement for employers to provide employees with paid sick time. While some local and state laws mandate the provision of paid sick time, these laws are varied and often go unenforced. They are often filled with loopholes and are difficult to understand and/or access.²⁻⁴ For example, the Families First Act Coronavirus Response Act paid sick time policy does not apply to private employers with more than 500 employees, including Walmart.⁵



PAID SICK TIME IS A PUBLIC HEALTH ISSUE

Stable and adequate employment income provides individuals, families, and communities with the economic security needed for a healthy life.^{6,7} We all need income to afford quality housing; to pay for essential needs like groceries, medicine, and childcare; and to be able to rest and recover through leisure and personal care. When we don't have stable income, we can't meet these basic needs.

Lack of access to paid sick time through work threatens employees' income stability and ability to meet basic needs. Employees who don't have access to paid sick time can't afford to miss work when they or a family member is ill. They may lose wages or their job altogether, compromising their overall economic security as well as their health. A lack of paid sick time harms low-income communities and communities of color disproportionately and has ripple effects for public health, which we describe in detail in this research brief.

Walmart employees who don't have adequate paid sick time are living out these impacts in real time during the COVID-19 pandemic

Today, Walmart's lack of an adequate paid sick time policy has had profound consequences for associates, families, and communities since the onset of the coronavirus pandemic: *if Walmart had an adequate paid sick time policy in place before the pandemic hit, we estimate that at least 7,618 fewer associates would have become sick with COVID-19 and 133 associate lives could have been saved.*

Prior to the pandemic, Walmart employees only had 48 hours of "protected paid time off" to care for themselves or a family member with an illness.⁸ Not only is this amount of time insufficient to reap benefits to health, but workers also face barriers to accessing the policy.⁹⁻¹¹ According to a 2020 survey of more than 1,500 associates, 45% — or nearly half — reported they were still likely to come into work when sick. Associates cited barriers like poor communication about the company paid sick time policy from management, and pressure to continue working to avoid disciplinary points and loss of income and hours. Additionally,

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part-time associates (who make up 40% of the workforce) accrue paid sick time more slowly than full-time associates, so they may have limited time to draw from. Further, using paid time off can be counted against employees, for example, impacting whether or not they get a quarterly bonus.^{9,10}

"Coronavirus is new, but the failures of Walmart's response aren't new to us. Paid sick leave is one of the areas where we've been telling management for years that the policies incentivize associates to come to work sick. These and other gaps in Walmart's pandemic response are life and death for us and for customers, and are a huge risk to the company."

—Cynthia Murray, Walmart associate

While Walmart has adopted a temporary policy related to the pandemic, Walmart employees who are ill, or have some potential COVID-19 symptoms, or who choose to self-isolate, cannot count on any additional paid time under Walmart's COVID-19 plan. ¹² In June 2020, twelve attorneys general came together to publicly voice their concerns with Walmart's sick time policy and to make recommendations on how to improve it. ¹³

'The pressure that workers feel to keep working even if they are sick or symptomatic is directly related to Walmart's inadequate paid leave policies."

—Kwame Raoul, Illinois Attorney General, along with attorneys general from eleven other states

In the absence of consistent paid sick time laws and lack of enforcement, employees often face widespread barriers to accessing a benefit that is rightfully theirs. And these barriers mirror and exacerbate existing inequities: Black, Latinx, retail, and part-time employees (disproportionately women) lack access to paid sick time — nearly half (48%) of Latinx employees and over a third (36%) of Black employees do not receive paid sick time. 16-20

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Because Walmart employs more women and Black and Latinx workers than any other US corporation, the positive outcomes associated with paid sick time would be far-reaching — to families and communities across the country, with benefits for gender, economic, and racial equity.^{21–23} A paid sick time policy would also protect public health more widely by preventing community spread of disease. Research shows that paid sick time can:

- Reduce pandemic-related infection and mortality
- Improve health outcomes for employees and their families
- Increase job retention and economic gains for employers



Paid sick time reduces COVID-19 infection and mortality

Paid sick time is an effective public health tool for managing contagion.^{2,24} Research on paid sick time policies point to their effectiveness at curbing illness, including during pandemics, such as the H1N1 pandemic of 2009.^{25,26}

Paid sick time is more effective than *unpaid* sick time in reducing the spread of infection.²⁷ For many families, a day of missed work has serious consequences and impacts their ability to pay for rent and other essential needs. A recent study revealed that 94% of employees would comply with self-quarantine during COVID-19 when they were compensated for loss of income, whereas only 57% of employees would comply with the guidance if they weren't compensated.²⁸

"If I can't go to work, I could try to take a leave but it will be unpaid. I don't know what I would be doing about taking care of my family."

-Mendy Hughes, Walmart associate

When employees have access to paid sick time, they're more likely to stay home to address immediate health needs, and they're also more likely to stay home to care for sick family members, including children.²⁹ When employees are able to protect their own health, they're also protecting the public's health by limiting potential exposure to coworkers and customers, a necessary measure to reduce the community spread of disease.

More than a quarter (27%) of employees were at greater risk of ILI due to lack of access to sick time. Researchers extrapolated that this likely resulted in an additional five million cases of ILI in the general population during the 2009 H1N1 pandemic.

LACK OF PAID SICK TIME EXACERBATES PANDEMICS

Groups that make up Walmart's workforce — particularly private-sector employees, retail and part-time employees, and people of color — disproportionately lack access to paid sick time.^{30,31} Research shows that most people who went to work while infected with H1N1 were employed in the private sector. At no fault of their own, these private sector workers likely passed the virus on to an additional seven million coworkers. The lack of paid sick time directly resulted in lengthening the duration and expanding the impact of the pandemic.³¹

When employers don't provide paid sick time, the rate of influenza-like illness (ILI) is higher overall. During the H1N1 pandemic, employees who reported that they wouldn't get paid if they didn't go to work, or who didn't have sick time protections, were more likely to contract an ILI. More than a quarter (27%) of employees were at greater risk of ILI due to lack of access to sick time. Researchers extrapolated that this likely resulted in an additional five million cases of ILI in the general population during the 2009 H1N1 pandemic.²⁰



ACCESS TO PAID SICK TIME SAVES LIVES

When select US states mandated paid sick time between 2010 and 2018, ILI cases decreased. On average, ILI rates fell by 11% each week in the first year of a state's policy implementation.³² Additional research goes even further, showing that paid sick time reduced workplace infections by nearly 40%, such as in Allegheny County, Pennsylvania.^{27,33,34}

One way that paid sick time supports employees' health is that it gives them the opportunity to seek care. Among employees who reported an ILI during the



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H1N1 pandemic, those with paid sick time were more likely to visit a medical professional for treatment, even after controlling for variables like occupation. Employees were also more likely to get the flu vaccine than workers without the benefit.¹⁶

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Tragically, these estimates are conservative, as they rely on general population-level data of COVID-19 cases and mortality rate. In reality, cases and deaths are likely higher for Walmart associates because retail workers have an increased exposure to the virus compared to the general population, and often come from communities that are most vulnerable to the virus as a result of systemic social, political, and economic inequities. Almost a third of estimated Walmart associate lives saved are attributable to states where most Walmart employees are based. While some states, like California, have a universal paid sick time policy, employees often experience barriers to accessing the benefit without employer support.

"I am 64 and have asthma. My husband and son are both high risk. Since the pandemic started, I've taken two leaves of absence after my daughter reminded me that my job shouldn't put my life at risk."

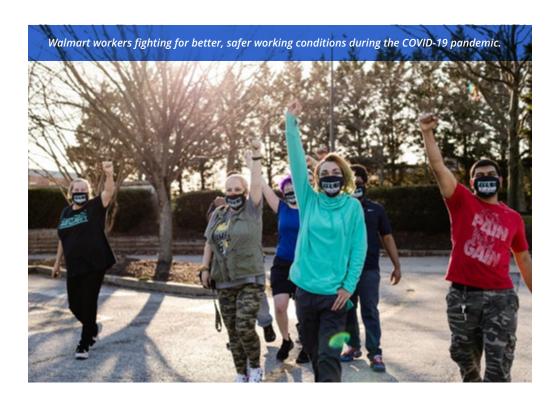
—Cynthia Murray, Walmart associate

Table 1. Reductions in COVID-19 cases and mortality among Walmart hourly associates as a result of universal paid sick time policy*

LOCATION	# ASSOCIATES	# ESTIMATED CASES	# ESTIMATED DEATHS	# CASES PREVENTED	# LIVES SAVED
United States	1,442,569	126,961	2,222	7,618	133
Texas	158,361	14,378	240	863	14
Florida	103,550	9,124	150	547	9
California	90,562	8,147	115	489	7
Georgia	58,555	5,501	95	330	6
North Carolina	53,619	4,361	57	262	3

^{*}The time period for these estimates is 2/26/2020–2/26/2021. See Appendix for calculations. Data sources: Walmart, Institute for Health Metrics and Evaluation, Statista, US Census Bureau, and Pichler and Ziebarth (2016)^{27,39-42}

We know that estimates on associate deaths due to COVID-19 as disclosed by Walmart aren't accurate or up to date. Walmart has refused to disclose the number of COVID-19 infections and deaths, including from local health departments. It's been almost a year since Walmart shared information about COVID-19 cases and deaths among associates.³⁷ Walmart employees are self-reporting COVID-19 infections to United For Respect and describing the company's lack of precautions to protect employees and customers. Currently, United For Respect is tracking 1,862 associate-reported cases at 355 stores and facilities.³⁸ Without universal paid sick time, thirteen additional Walmart employees will be at risk of COVID-19 death between April and July 2021 — unless the company takes immediate action.



"Management isn't letting the employees know about the number of cases and they're not cleaning or reporting the cases."

-Walmart associate from North Carolina

PAID SICK TIME IS CRITICAL FOR COVID-19 RECOVERY AND VACCINE DISTRIBUTION

It is now over a year since the start of the COVID-19 pandemic, and we remain far from recovery. Many factors, including limited vaccine supply, slow vaccine distribution, and novel strains of the virus can shift the trajectory and speed of recovery from the pandemic. Undoubtedly, a universal paid sick time policy would be an essential tool to move our country closer toward recovery.

COVID-19 vaccines are the light at the end of the tunnel for millions of people. However, vaccine distribution overall is proceeding slowly and inequitably in some areas of the country, particularly in states where almost 500,000, or a third of Walmart associates, are based. For example, Texas is home to more Walmart associates than any other US state (n=158,361) and has one of the lowest

Employees also need paid sick time to schedule and make vaccine appointments, and to also take their loved ones to these appointments, which Walmart is currently not in support of.

vaccine distribution rates in the country (only 13.3% of people 18+ have received one dose). Florida, home to the next greatest number of Walmart associates (n=103,550), doesn't fare much better, with only 15.4% of people 18+ having received one dose.⁴³

Even though they are at higher risk of COVID exposure, retail employees in many states — including Texas and Florida — were ineligible for early access to vaccines. While many states have opened up access to people 16+, these states missed a crucial opportunity to protect the health of these essential workers by making them eligible for vaccine access early on in their states' distribution. Obtaining and registering for vaccination appointments has posed well-documented challenges for many as well. As a result, those most in need have the least access, even when they are eligible.^{44,45}

While vaccine distribution is picking up and new vaccines are being released, the rise of novel coronavirus strains, including those that are more infectious and possibly unresponsive to the current vaccines, threaten progress toward recovery. Developing and administering boosters to manage these strains will take time, and many US residents are not expected to receive the vaccine until 2022. Developing and administering boosters to manage these strains will take time, and many US residents are not expected to receive the vaccine until 2022.

Walmart associates need immediate access to adequate paid sick time in order to take time away from work if needed to quarantine and recover, especially with the increasing instance of more infectious virus strains. Employees also need paid sick time to schedule and make vaccine appointments, and to also take their loved ones to these appointments, which Walmart is currently not in support of. In fact, they have asked associates to "plan to do so during their time off work." 48

COVID-19 is not the last pandemic we'll confront as a nation. Paid sick time offers a permanent and sustainable solution to help us collectively weather future public health crises.⁴⁹

Paid sick time reduces ER visits and increases preventative care use

Paid sick time laws are associated with numerous positive health outcomes.⁵⁰ Researchers have found that employers need to provide a minimum of 10 days, or 80 hours, of paid sick time to see health benefits.¹¹

Paid sick time is important for employees to seek preventative care. For example, a greater proportion of employees receiving paid sick time from their jobs receive mammography screenings, pap tests, endoscopies, and annual physical checkups.⁵¹ Employees who can access preventative care are less likely to delay care and use acute services when they have paid sick time. For example, employees with paid sick time are 32% less likely to visit the ER compared to those without paid sick time.⁵² Remarkably, research shows that lack of paid sick time can be a more significant barrier to seeking care than health insurance or income level. ^{24,53,54}

Employees who have access to paid sick time report better health, and longitudinal research indicates that work-based paid sick time is associated with a 22% lower risk of all-cause mortality after almost five years, and 10% lower risk after about ten years.^{53,55} In one study, employees with paid sick time were 24% less at risk of death due to heart disease, and 35% less at risk of death due to unintentional injury.⁵⁵

Researchers are beginning to explore the benefits of paid sick time on additional outcomes. For example, employees with paid sick time have less trouble falling and staying asleep than those without paid sick time.⁵⁶ In addition, they report lower levels of psychological distress versus those without paid sick time, and these employees were almost 1.5 times more likely to report that the distress interfered significantly with their life.⁵⁷ Finally, employees with paid sick time are less likely to suffer nonfatal occupational injuries — the odds of a non-fatal injury were almost 30% lower among those with paid time access versus those without.⁵⁸

The positive impacts of paid sick time extend to employees' families and communities. Children whose parents have paid sick time are more likely to be current on their healthcare needs, like receiving their annual flu vaccine and well-child checkup. Additionally, children of parents with paid sick time are less likely to receive delayed health care. They also have fewer average ER visits and are less likely to be taken to the ER altogether.⁵⁹

Employers benefit from paid sick time policies across many indicators

Because of stark inequities in access to paid sick time, a universal paid sick time policy is expected to reduce health disparities affecting women, people of color, and working-class families — and thus should be considered a critical component of any employer's commitment to racial justice and equity.⁵⁰

Additionally, cost-benefit analyses show that the benefits of paid sick time far outweigh the costs. Paid sick time is an affordable and powerful policy that contributes to health and economic gains for workers, as well as employers. Specifically, paid sick time policies increase loyalty and morale, and decrease turnover, presenteeism, and absenteeism — all resulting in better employee retention and productivity. 50,63,64

Because paid sick time reduces the likelihood of delayed care and hospital ER visits, both public and private sectors save millions of dollars that would have otherwise been spent on health care.^{54,63}

With access to paid sick time, Walmart workers can "live better lives," too

Paid sick time is an evidence-based solution to control the COVID-19 pandemic and preserve the health of the public, beyond the pandemic.⁶⁵ It has the power to save lives — more than 130 Walmart associates' lives would have been saved if Walmart had an effective paid sick time policy in place, and more than 7,618 fewer associates would have gotten sick with COVID-19.

Specifically, paid sick time policies increase loyalty and morale, and decrease turnover, presenteeism, and absenteeism — all resulting in better employee retention and productivity.

"I want to ask our chief executive, Doug McMillon, why we can afford to hand over so much money to the wealthiest family in America, but we can't provide our associates with adequate paid sick leave and health care."

—Walmart associate

Among those most impacted by lack of access to paid sick time are women, Black, Latinx, and part-time Walmart associates — many of whom are negatively impacted by Walmart's policies. Given the long path to recovery from the COVID-19 public health crisis, the time is now for Walmart to implement a more expansive universal paid sick time policy for all of its employees.



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Appendix

Table 1. Estimated number of cases among Walmart associates due to paid sick time policy

GEOGRAPHY	#WALMART ASSOCIATES ^	CASES/ 100,000 ^B	CASE RATE ^c	#WALMART ASSOCIATE CASES ^p	#CASES PREVENTED DUE TO PAID SICK TIME ^E
United States	1,442,569	8801	0.08801	126,960.498	7618
Texas	158,361	9079	0.09079	14,377.595	863
Florida	103,550	8811	0.08811	9,123.791	547
California	90,562	8996	0.08996	8,146.958	489
Georgia	58,555	9394	0.09394	5,500.657	330
North Carolina	53,619	8133	0.08133	4,360.833	262

a = #Walmart associates as of February 1, 2021 Data source:

b = Projected cases/100,000 as of February 26, 2021, for states were found through Statista. The national-level case rate was calculated using raw #cases as of February 26, 2021, from Statista, divided by the US population size according to the US Population Clock.

c = Case rate is calculated as cases divided by 100,000.

d = #Walmart associate cases are calculated as the #Walmart workers x case rate by geography.

⁼ Pichler (2016) indicates that paid sick time will reduce cases due to contagion by 6%. We multiplied 0.06 x #Walmart associate cases to determine # cases prevented, and rounded the number to the next greatest whole number.

Table 2. Estimated number of Walmart associate lives saved due to paid sick time policy

GEOGRAPHY	#WALMART ASSOCIATES ^	PROJECTED DEATHS/ 100,000 ^B	DEATH RATE ^c	#WALMART ASSOCIATE DEATHS ^D	#LIVES SAVED DUE TO PAID SICK TIME ^E
United States	1,442,569	154.03	0.0015403	2,221.989	133
Texas	158,361	151.81	0.0015181	240.408	14
Florida	103,550	144.81	0.0014481	149.951	9
California	90,562	127.48	0.0012748	115.448	7
Georgia	58,555	162.61	0.0016261	95.216	6
North Carolina	53,619	105.48	0.0010548	56.557	3

a = #Walmart associates as of February 1, 2021. Data source:

b = Projected deaths/100,000 as of February 26, 2021, according to national and state-level COVID-19 Projections, <u>Institute for Health Metrics and Evaluation</u>.

c = Death rate is calculated as projected deaths divided by 100,000.

d = #Walmart associate deaths are calculated as the #Walmart workers x death rate by geography.

e = Pichler (2016) indicates that paid sick time will reduce death due to contagion by 6%. We multiplied 0.06 x #Walmart associate deaths to determine #lives saved and rounded to the next greatest whole number.

